



NEWSLETTER

Welcome!

RYAN MATTHIESEN, DO.

With his experiences as an athlete and encountering situations in which treatment was necessary for injuries, Dr. Matthiesen, an Oklahoma native, was drawn to medicine at a young age. He completed his undergraduate studies at the University of Oklahoma then attended Oklahoma State University's College of Osteopathic Medicine. Upon graduation, Dr. Matthiesen transitioned to his Family Medicine residency at Plaza Medical Center in Fort Worth. Following his Family Medicine residency, Dr. Matthiesen went on to complete a Sports Medicine fellowship at Texas Tech University.




At Texas Tech University, he worked closely with all of the sports, including helping the women's soccer team win the Big 12 conference and providing care to several Olympians on the track team. He currently presides as head team physician for the University of North Texas, as well as being a member of the medical staff for Texas Woman's University. Too, He has helped care for world champion bull riders and professional motocross teams.


When not in the clinic or on a university field or court, Dr. Matthiesen can be found at home with his wife and their three beloved Rottweilers. He also has a passion for traveling and learning about different cultures, world history, and natural wonders.





Employee of Month

Victoria is one of the most tenured employees at MaxHealth and the voice the patients know and love! She is always willing to go the extra mile for not only the patients, but fellow coworkers as well. Its safe to say, we love ourselves some Victoria! MaxHealth employees has this to say about her:

 Victoria is deserving of this because she goes the extra mile for every patient and she the voice of MAXHEALTH. She also cares about her fellow coworkers and helps when called upon.

 Victoria is many times the first impression our patient's get. She is cheerful on the phone - cheerful at the front desk. She many times will greet patient's by name as they come in the office to check in. She has a warm personality and makes patient's feel welcome and special. Victoria is positive - works hard - friendly to all

 Always has a good attitude and upbeat.

 Victoria normally is the first impression our patients get when they arrive in the clinic. She welcomes each patient with a warm and friendly smile. She knows many of our patients by name and addresses them by name. She is great at working with a patient to get them scheduled according to their needs. She is also responsible for training our new hires and strives to share with them her love and enthusiasm for her job.



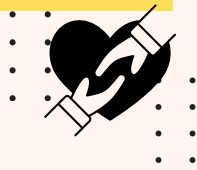
Victoria H.



Madeline has been volunteering her time to impart her expertise to other medical professionals to facilitate their acquisition of pre-application shadowing experience. This includes aspiring Physician Assistants (PAs), who have not yet entered PA school and/or help meet acceptance requirements for the program by providing the opportunity to gain shadowing hours. Shadowing also gives you exclusive access to the relationship between the patient and the Physician and Physician Assistant and how that contributes to the patient's medical care. Many PA's also allow those shadowing them to interact directly with patients, often giving them a chance to develop their own relationship with the patient and better understand what that involves. Currently, student Sara is shadowing Madeline to receive her hands on training that is to prepare her for exiting the program and becoming a PA.

“Each One, Teach One”

Madeline Wingard, PA-C



When asked of the requirements to partake in this, Madeline stated "I take any student that desires to come to the DFW area that is currently studying in the program that I graduated from, University of South Alabama in Mobile". To date, Sara is her second PA student, although she has had other non-PA students shadow her as well. When asked why she began participating in a program as such, she humbly replied "I take students because I enjoy teaching and I enjoy medicine so it brings me a lot of joy to share my knowledge with future providers. It also helps to keep my skills sharp as the students will often know updated guidelines as well as knowledge of the finer details that I may have forgotten since exiting school. It is important to me to give back in this way as a thank you to all those providers who precepted me as a student. It is often difficult to find someone willing to take the extra time to train an upcoming PA, MD/DO, or NP, yet it is an essential part of medical training". We are so proud of the work and time Madeline devotes to mentorship. A true example of "each one, teach one".

MAXHEALTH HAPPENINGS

Deka Strong Event👏👏

When: Sunday, April 21, 2024

Time: 8am-12pm

Where: MaxHealth

What: DEKA STRONG is a modified version of the DEKA FIT featuring all 10 functional fitness training zones with zero running.

Let's come out and show MaxFit some support, no matter your fitness level!

Contact Luke for more information

Congrats!

Noureen G., on being accepted into PA School!

We are so proud of you!



Monthly Awareness



World Autism Day- 04/02
World Autism Week- 01-07



Work Anniversary

04/01- Jay, PA
3 years

Quote of the Month

April is a gentle reminder that life's transformations are beautiful and inevitable."
— Ellen Lovell

Patient Feedback



I've been coming here for over a year and it has always been a pleasant experience! They are very helpful, I love that you can text in to schedule appointments or ask questions. I also love that they do labs and X-rays in house as well. I see Dr. Harrell but have seen some of the PAs as well and haven't had any issues! I've even got my mother in law and one of my closest friends going there now. -B. Rodriguez

Staff was professional and on time as well as very thorough. -R. Rice

I was glad I got to see Dr Riazuddin for my visit. He was very thorough and listened to everything I had to say. I truly felt like I was being taken care of. I will always ask for him when I need to visit the Doctor.

MaxHealth has been a wonderful experience from checking in to checking out. I went for a check up. My PA listened to my feedback and I left feeling that I'm in the right path for my health. -K. Fries

Timely and professional as she went above and beyond to make my experience pleasant. Highly recommend the lab tech at MaxHealth. -J. Leach

Madeline is not only a skilled professional but also compassionate. I always felt genuinely cared for during all my visits with her. The front desk team at Max Health goes the extra mile to make patients feel comfortable. It's a rare find in healthcare. Highly recommended!

Dr. Jennifer was very thorough and took time to hear me out. She was kind and sensitive to my issues. Very impressed with her! -J. Doss

I felt the team took good care of me. Madeline rocks! -T.B.

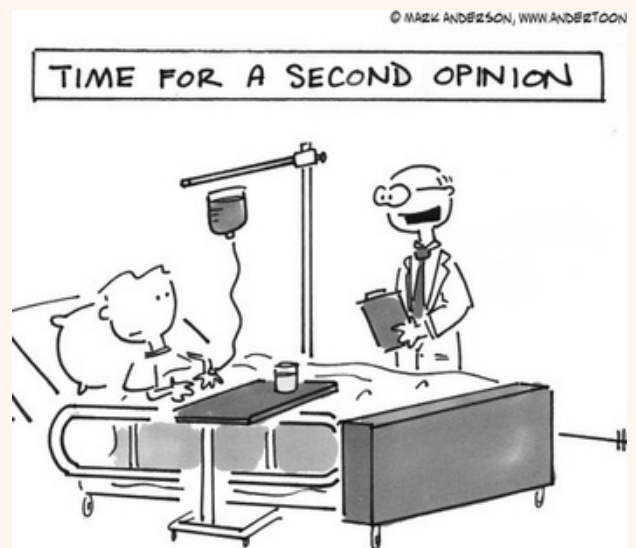
I would have given 10+ stars if I could have ... met my new PA Madeline today! Never has a Dr. spent such time listening to my concerns and finding solutions giving me much needed advice and hope. Highest accolades to her and every single staff member who helped me! I truly believe that I deserve the best care and without a doubt received it at Max Health. -K. Bogash

Everyone from the front desk to Judy to Jennifer were awesome! Welcoming and warm, and I felt time was taken to really listen to me. I would recommend MaxHealth if you're looking for a caring and competent medical team. -B. Smith

FUN



"If laughter were really the best medicine you wouldn't be in here now would you."



"So, is this your first appendectomy?"